

Brook House Newsletter



After what seems like a long and dark winter, spring has made its way to Brook House. The nights are getting lighter, the air is getting warmer and the smell of fresh spring flowers flows through the air. Time for us to get out into our beautiful garden and courtyard and some well-deserved Vitamin D.

April is the month of Easter, whether you are religious or not Easter is a great time to bring families together, eat copious amounts of chocolate and play games and have fun with the little ones. What do you do at Easter time?



Reflections

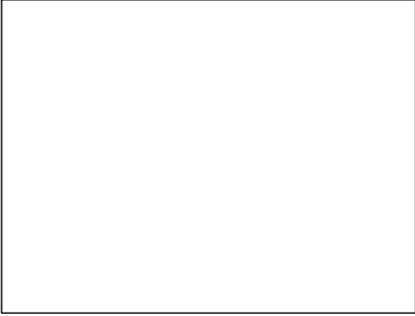


Comic Relief coffee morning

Our coffee morning was a great success and we raised a total of £150 for Comic Relief! It was a busy morning and there was a beautiful spread of lovely cakes people had generously made for us. Thanks for coming!

JJ's Kiddycare

We had some children visit us from JJ's Nursery in Welford. They were impeccably behaved and baked cakes and sweet treats for our residents, please see our notice board for more pictures. This has now been arranged as a monthly visit from the nursery so we look forward to many more visits from the children.

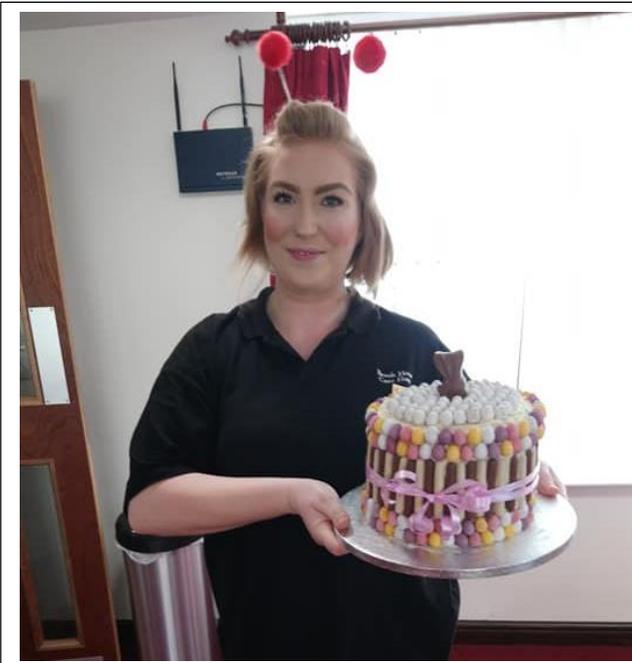


Things to come



Easter egg hunt

We will be having our annual Easter egg hunt on the 19th April, everyone welcome.



Sam Farrington Alison Maas Kerry Clarke

Having a laugh

A Perfect Marriage?

A man and woman had been married for more than 60 years. They had shared everything. They had talked about everything. They had kept no secrets from each other, except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about.

For all of these years, he had never thought about the box, but one day, the little old woman got very sick and the doctor said she would not recover.

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside.

She agreed that it was time that he should know what was in the box. When he opened it, he found two crocheted dolls and a stack of money totalling £95,000.

He asked her about the contents. "When we were to be married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I ever got angry with you, I should just keep quiet and crochet a doll."

The little old man was so moved; he had to fight back tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

"Honey," he said, "that explains the dolls, but what about all of this money? Where did it come from?"

"Oh," she said. "That's the money I made from selling the dolls."

1950's Trivia Quiz

1. The infamous Brinks Robbery in 1950 where \$2.8 million was stolen in 17 minutes, occurred in what city?

- Boston
- New York
- Chicago

2. "Old soldiers never die...they just fade away," was said by...

- Gen. Dwight Eisenhower
- Gen. Omar Bradley
- Gen. Douglas MacArthur

3. Catcher in the Rye's portrayal of Holden Caulfield's 16 year old life was a huge success. Who wrote the book?

- Herman Wouk
- J.D. Salinger
- William Faulkner

4. In 1952, the now longest running daytime drama moves from radio to TV. Which soap?

- Days of Our Lives
- General Hospital
- Guiding Light

5. In 1952 Richard Nixon makes one of what will be many speeches in answer to allegations against him. This one is called the "Checkers" speech which refers to ...

- A cocker spaniel dog
- The game of politics
- A favorite pastime

6. In 1953 Edmund Hillary and Tenzing Norgay become the first humans to...

- Break the sound barrier

- Summit Mt. Everest
 - Run a 4 minute mile
7. Francis Watson and James Crick become famous for discovering...
- The polio vaccine
 - The transistor
 - The "double helix" of DNA
8. In 1954, the landmark case Brown v. Board of Education was about...
- School segregation
 - School sports
 - Affirmative action
9. Nash-Kelvinator and Hudson Motor Car Co. merge to form...
- Chrysler
 - General Motors
 - American Motors
10. Hold the pickle! Hold the lettuce! The first _____ opens in 1954.
- Burger King
 - Pizza Hut
 - McDonalds
11. Psychologist Joyce Brothers won the \$64,000 Question. What was her topic?
- Eastern philosophy
 - American literature
 - Boxing
12. In 1955, Congress authorizes all US currency and coins to say...
- In God We Trust
 - United States of America
 - Liberty

13. Rosa Parks' refusal to give up her seat on a bus led to a Supreme Court decision outlawing bus segregation. Where did this happen?

- Memphis, Tennessee
- Macon, Georgia
- Montgomery, Alabama

14. Which of these is NOT true about Ann Landers?

- Her real name is "Eppie" Lederer
- She began her column at the Los Angeles Times
- Her twin sister writes Dear Abby

15. Which of these is NOT a James Dean movie?

- Giant
- East of Eden
- The Wild Ones



Quiz Answers

1. Boston

2. Gen. Douglas MacArthur

In his farewell speech to Congress in 1951

3. J.D. Salinger

Herman Wouk wrote the Caine Mutiny and Faulkner will win the Noble Prize for his many works.

4. Guiding Light

5. A cocker spaniel dog

Named Checkers! This was in response to the accusation that Nixon had a secret fund. He said all he had accepted was the gift of the dog.

6. Summit Mt. Everest

7. The ``double helix" of DNA

Jonas Salk gets the credit for the polio vaccine. Researchers at Sony came up with the transistor.

8. School segregation

The Court said, "Separate educational facilities are inherently unequal."

9. American Motors

10. Burger King

C'mon. The "hold the pickle" stuff should have given it away!

11. Boxing

She made herself an expert on boxing exclusively for this show.

12. In God We Trust

13. Montgomery, Alabama

14. She began her column at the Los Angeles Times

Nope, it was the Chicago Sun-Times

15. The Wild Ones

Dean's third movie was Rebel Without a Cause.

Let's talk about..... Easter



The most important festival of the year for Christians, Easter is a celebration of Jesus Christ's resurrection from the dead. It comes at the end of Lent.

The week before Easter Sunday is known as the "Holy Week", and comprises of Maundy Thursday (the day of the last supper), Good Friday (when Jesus was crucified) and Holy Saturday.

In 2019, Easter Sunday is on 21 April.

We shall be doing some Easter themed crafts in the home and having our annual Easter Egg hunt which will be on the 19th April.

April's Recipe

Sam Farrington Alison Maas Kerry Clarke



INGREDIENTS

- Nonstick vegetable oil spray
- 1 1/2 cups all-purpose flour
- 1 cup sugar
- 2 teaspoons baking powder
- 3/4 teaspoon kosher salt
- 3 large eggs
- 1 1/2 cups ricotta
- 1/2 teaspoon vanilla extract
- 1/2 cup (1 stick) unsalted butter, melted
- 1 cup frozen raspberries or blackberries, divided

PREPARATION

1. Preheat oven to 350°. Line a 9"-diameter cake pan with parchment paper and lightly coat with nonstick spray. Whisk flour, sugar, baking powder, and salt in a large bowl.
2. Whisk eggs, ricotta, and vanilla in a medium bowl until smooth; fold into dry ingredients just until blended. Then fold in butter, followed by 3/4 cup raspberries, taking care not to crush berries. Scrape batter into prepared pan and scatter remaining 1/4 cup raspberries over top.
3. Bake cake until golden brown and a tester inserted into the center comes out clean, 50–60 minutes. Let cool at least 20 minutes before unmolding.
4. Do ahead: Cake can be made 2 days ahead. Store tightly wrapped at room temperature.

Birthday Celebrations

Bernie Roskrow 15th April

Sam Farrington Alison Maas Kerry Clarke



**KEEP
CALM**

EVERYONE
IT'S MY

Elizabeth Roach 21st April



Aries March 21st – April 19th

If your zodiac sign is “the ram,” you're creative, fiery, independent and stylish. Learn about important Aries traits, and find out how Aries women get along at work and in love... If your birthday falls between March 21st and April 19th, you are an Aries woman: fiery, energetic, independent and intelligent.

Taurus April 20th – May 20th

Taurus Woman: Overview & Personality Traits. An embodiment of the goddess in her corporeal form, the feminine Taurus is the zodiac's ultimate Earth Mama. ... Taurus is a fixed sign, which means that you will find traits such as determination, self-reliance, and perseverance in women born under the sign of the Bull.