



# BROOK HOUSE INFORMATION PACK 2015



## Our Philosophy of Care

At The Brook House Care Home we aim to provide each service user with a comfortable and homely environment in which security, independence and dignity is maintained.

## About our Home

Brook House Care Home is a converted former farm house situated in the picturesque village of Husband Bosworth. After serving as a farmhouse for many years the building was then used as a Veterinary Surgery and then converted into the Residential home as it stands today. The village is situated in South Leicestershire some ten miles from Leicester city centre and 5 miles from the market town of Market Harborough.

There is a good bus service from the village to all surrounding areas. There is also easy access to the M1 motorway and routes into Leicestershire and Northamptonshire. In the village of Husbands Bosworth, a short 2 minute walk away there is a Village school, a Post Office, a General Store, A village Hall, a Church and a Village pub.

Brook House offers both single and double bedroom accommodation, all with en-suite facilities, for up to 28 residents. The property has 2 levels, all offering comfortable homely rooms. All rooms are tastefully decorated to enhance the cosy atmosphere of the home. We have a lovely courtyard garden, where residents can sit under the parasols weather permitting

The Senior staff and Junior care assistants are dedicated, caring, and hardworking, all with the same goal; ensuring the residents receive the care and attention they require, and to ease any anxieties they have, so they are happy and relaxed, and enjoy their time with us.

Mrs Karen Brett is the manager and is supported by a Deputy Manager and a number of Senior and junior staff. There will always be senior member of staff on duty working alongside are a team of trained assistant. If you need to contact Karen, you can do so on 01858 880247.

Karen has been the Matron and Manager since 2000. She has 13 years caring experience and is a level 4 registered manager. Karen is always available to answer any questions or queries you may have about the home or any medical matters. If you would like to arrange an appointment to come and view the home she will be more than happy to arrange one and personally show you around.

We have incorporated the opportunity for our care assistants to benefit from National Vocational Qualification Training. These have been proved to be very successful.

Pradeep Patel is a Director of Brook House Care Home Ltd. and is responsible for the day-to-day running of the home. If you have any questions you would like to ask please do not hesitate to call him on 07971 540701.

## Fees

Details for the fees can be obtained from Karen or Pradeep.

## Local Services

### Doctors

All our residents are registered with the local doctors for the area, which is organised at time of admission.

### Chiropodist, dentist, and physiotherapist

We have a local chiropodist who regularly visits the home. If required, the chiropodist, dentist and physiotherapist can be called upon.

### Optician

An optician will visit annually or on request.

### Hairdresser

We have a unisex hairdresser visiting Brook House three times a week, who will happily do cuts, perms etc.

## Social activities and seasonal special events

At Brook House, we strive to keep our residents as active as possible, and do our utmost to keep an ongoing programme of events to as variable as possible. This helps to keep the residents amused/occupied and helps maintain both physical and mental wellbeing. The home has the use of a minibus to take residents out on trips.

Some of the activities include:

- Dominoes/Jigsaw Puzzles
- Bingo (weekly)
- Accordionist – playing old time favourites (weekly)
- Craft making (weekly)
- Nail painting/Manicures (weekly)
- Reminiscence (periodically)
- Karaoke (periodically)
- Library books – monthly exchange
- Pub lunches, Cream teas, Games nights, Music & movement (every Friday morning)

We strive to make seasonal events such as Christmas, Easter, Birthdays etc. memorable events for our residents. We organise fetes, B.B.Q's etc. at these important times of the year. All monies raised at these events go into a residents fund to give them extra little treats, such as visits on the canal, railway/seaside trips.

We are open to suggestions from residents, staff, and relatives to make these trips as successful and enjoyable as possible.

Trips can be anything from visiting a garden centre for an afternoon cup of tea, a drive through the countryside, visits to the beach, picnics etc. Our staff are only too happy to give up their free time to help organise these events, as they see how important and enjoyable they are to our residents.

## Visiting

Brook House has an open visiting policy, we welcome visitors at all times. The relatives are free to choose as to where they want to visit, either their rooms for privacy or lounge for more comfort if they so wish. You can also take the residents out if you wish to do so. There are no restrictions. We do, however, ask you sign in/out of our visitor's book to conform to fire regulations.

## Smoking

We operate a strict “No Smoking Policy” for the home; however, we do allow residents who do smoke to be able to do so in the courtyard.

## Laundry

We have a Laundry assistant at Brook House, who is responsible for the washing and ironing of all residents clothing. We do request that all items of clothing be clearly labelled.

## Catering

At Brook House, we have experienced cooks with many years’ experience of the catering industry. They provide homemade, wholesome, and nutritious meals. The menu is varied and caters for specialised diets such as diabetic, low fat or vegetarian meals. We believe in giving our residents a choice of menu, and we like to make meal times relaxed, enabling the residents to enjoy their meal.

- Breakfast is served between 6.30am and 10.00am
- Dinner is served in the dining rooms at 12.30 pm.
- Tea is served at 3.00 pm tea/coffee, homemade cake/biscuits.
- Supper is served at 5.00 pm in the dining room.
- There are always two hot meal options on any one day

## Questions for you to consider

We realise what a difficult and hard decision it is to have to find a home for your family member.

Listed below are questions/observations to be made before making this very difficult choice as to where your relative's new home will be. We hope they will assist you.

- Is there a waiting list?
- How much will it cost – what does this cover?
- Is there a contract?
- Does the home accept residents funded by the local authority?
- Is there a trial period for new residents?
- How much choice does a resident have?
- Are residents allowed to bring in personal possessions?
- Do residents have to share a room?
- Do rooms have their own toilet facilities?
- Where are the toilets situated in relation to resident's room?
- Are there adequate stair lifts/fire escapes?
- Is medication supervised?
- What happens if a resident has to go into hospital?
- What happens when a resident dies – funerals etc?
- Will the resident's religious needs be catered for?
- What are the homes staffing levels?
- Look at residents – do they look happy?

Whilst you are viewing the home, please feel free to stop and talk to any of the staff and ask any questions you feel fit. We believe it is important for you to know first-hand the standard of care that we provide at the home. Our staff will provide you with the most reliable information in making your decision to choose Brook House for your relative.

## Get in touch

If you would like to speak to our teams or send us an enquiry simply contact us using the details below or visit the website [www.3abcare.co.uk](http://www.3abcare.co.uk)

### Contacts:

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